



# PERSONAL SAFETY KIT

**With Compliments from:**

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# Message

## From Simon Crean MP

This Personal Safety Kit includes a range of information that I have put together for your use. It gives advice that you can use to reasonably secure your home and yourself against offenders. You can make your home safe and secure not just for the holidays but all year round.

There is also information on how to secure your car. And I've also given you a checklist to help retrieve items in the unfortunate event of a break in.

If there is other information you require about this or any other topic, please don't hesitate to contact my office on 9545 6211 or drop in and see me at 401 Clayton Road Clayton Vic 3168.

Yours sincerely,

Simon Crean MP

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# PERSONAL SAFETY

Some simple precautions at home and in public places can help you sidestep danger and stay safe.

The best way to avoid danger is to be alert and try to think clearly about the best way to adapt to the situation.

## SOME TIPS TO HELP YOU

### AT HOME

If a stranger asks to use your phone, direct them to the nearest public phone or keep them outside and make the call for them.

Close the curtains as soon as indoor lights are turned on.

Make sure windows and doors are secure even in the daytime.

If you are in the back garden or at the back of the house, make sure the front door is locked. Some burglars will steal from a house that is still occupied.

### ANSWERING THE DOOR

Don't let strangers into your home unless you are very sure who they are. Ask for identification. If you are still not satisfied, phone the organisation they say they're representing.

Be cautious about door-to-door tradespeople recommending house repairs. Seek advice from someone you know or from a recommended tradesperson before you commit yourself.

Door chains and door viewers are worth spending a few dollars on. They will enable you to speak to strangers without letting them in.

Although expensive, fitting a security door is a good idea. Keep it locked from the inside and don't leave the key in the outside of the door.

### INTRUDERS IN YOUR HOME

If you arrive home and suspect an intruder is in the house:

1. Do not go in, go elsewhere and phone the police.
2. Keep out of sight and a safe distance from the house. If you see an intruder leaving jot down or memorise a description of the person, their vehicle and number plate.
3. Be prepared-plan ahead on what to do if an intruder is inside your home with you.

This could involve:

Getting to a phone if possible and ringing the police or switching on lights and making plenty of noise. Many intruders will leave rather than face a confrontation. If the intruder confronts you, stay calm- shout and scream if you think the noise might alert someone.





### **THE TELEPHONE**

Don't give your phone number, personal or financial details to people you don't know.

Don't let strangers know you are home alone, or when you will be away from the house.

People who live alone should consider installing a telephone extension in the bedroom.

Leave a list of emergency numbers next to your phone.  
(Contact my office on 9545 6211 for a copy of my Emergency Phone Numbers card).

Include the number of a neighbour or someone nearby. If you own a touch phone, store these emergency numbers in the memory so you can dial them quickly by pressing one button.

If you receive an obscene or offensive phone call, don't talk to the caller-hang up or blow a whistle into the phone. If calls persist, keep a record and notify the phone company and the police.

### **OUT AND ABOUT**

Walk only on busy or well-lit streets. Don't take short-cuts through dark alley-ways, across parks or through isolated areas.

If you regularly walk home after dark, consider buying a screech alarm. Carry it in your hand, not in a bag where it may be difficult to reach in an emergency.

Don't hitchhike and don't accept lifts from anyone you're not completely sure of.

Walk facing the traffic and on the left side of the footpath.

If you are going to be out late, arrange for a lift or book a taxi in advance.

When using a public phone, stand with your back to the phone so you can see around you.

When returning to your home or car, have your keys ready.

When you return to your car in a parking area, check nobody is hiding in or around the car.

Keep your doors locked while driving.

In shopping centres keep your handbag or wallet closed and secure. Never leave it unattended.

### **PUBLIC TRANSPORT**

Avoid isolated transport stops and sit near other passengers when using public transport. Avoid travelling alone at night.

If you must travel alone at night, sit or stand near the guard, conductor or driver and arrange to be met at your destination.

Report any strange people who talk to you or follow you.

If you feel threatened on public transport, move closer to others or get off immediately.

# TIPS FOR SENIOR CITIZENS

## PHONE CALLS

If you don't know a caller, don't give personal information over the phone, even if the caller claims to be from a legitimate organisation.

If you have any obvious doubts, take the caller's name and number and call them back.

Keep the police, emergency services, relatives and doctor's phone numbers listed next to the phone.

## VISITORS

People from legitimate companies all carry identity cards. Phone their company if you are not sure about their identification and don't let them into your home until you are sure.

## ROAD SAFETY

Be particularly careful about crossing roads and use traffic lights and pedestrian crossings where possible.

Never cross a road from between parked cars. Oncoming vehicles often can't see you.

Look carefully at oncoming traffic.

Judging the speed of approaching cars can get harder as you get older.

## Legal Matters

Before you sign any legal documents, read them carefully and have them checked by a trusted family member, solicitor or legal aid officer.

Keep all legal documents such as your will, insurance policies and share certificates together in a safe place at home, or preferably at your solicitor's office or bank.

Refuse to sign any paper if you feel you are being pressured into signing before you have had time to think about it.

Check with a friend, solicitor or police if you are in doubt.

My office can help you gain access to the legal system.

## SPECIAL TIPS

Statistics confirm that the chances of elderly and frail people becoming victims of violent crime are very remote.

However, many senior citizens, especially those who live alone, feel vulnerable at times.

Here is some advice that is handy for everyone, but may be particularly helpful for older people to feel secure and confident.

- Don't isolate yourself behind locked doors. One way of encouraging neighbours to keep an eye out for your welfare is to keep an eye out for theirs.
- Get involved with your neighbours, the local community and a Neighbourhood Watch group.
- Local contact and friendships develop a sense of security and dispel unnecessary anxiety.
- Criminals are less likely to see you as a target if you are careful and alert and living confidently in the community.
- Seriously consider home security measures such as deadlocks, security screens and door chains and viewers
- Don't hide spare keys in obvious places.

### **CON SCHEMES**

Keep informed about the latest con schemes in your community by reading the newspaper and listening to friends. Be cautious about schemes that sound too good to be true or have to be kept secret.

If you're worried about a possible fraud, contact the police.

### **SHOPPING**

If you carry a handbag, don't dangle it; hold it close to your body. If you use a wallet, put it inside a jacket pocket or a front pocket. Try not to carry more money in your purse than you need.

If you feel you are being followed, turn to see if someone is there, instead of being caught off guard. Enter a shop or building where there are people if you think you are being followed.

If someone tries to snatch your bag, do not resist, no amount of money is worth the risk of serious injury. If possible, tip the contents of your bag out; that way the thief might quickly grab only the money and leave personal valuables behind.

If a friend or a taxi takes you home, ask them to wait until you are safely inside. Have your key ready as you approach your car or home.

### **IN YOUR NEIGHBOURHOOD**

Keep a lookout for pushbike riders and skateboarders on the footpath, particularly when walking around corners.

Have a local contact, family or friend, who can keep an eye on you and your home. You may be able to do the same for them.

If you're going away, make sure someone collects your mail and keeps an eye on things.

### **BANKING**

Keep your savings in a bank, building society or invest it. Don't keep large amounts of money at home, in your handbag or wallet.

Put your money into your purse or wallet before moving away from the teller.

Many banks, credit unions, building societies and investment organisations have investment plans especially for older people. Find a recommended company and seek their advice.

# PROTECTION YOUR FAMILIES

No parent wants to place their child in danger. That is why teaching children about personal safety is so important.

A playground bully, an adult stranger or even a familiar grown-up can represent a physical or sexual danger to your child.

When talking to young children about their security, make sure you cover these important points:

- Teach them to say 'no' if someone tries to harm them or touch them in any unusual ways.
- Tell children not to talk to strangers and to never go with anyone, stranger or friend, without your permission.
- Ask them to tell you if a stranger tries to approach them or their playmates.
- Always arrange for a babysitter when you go out. It is unwise to leave children of any age alone in the house.
- Assure your children that no matter what happens they can tell you about any unusual or threatening incident.
- As early as possible, teach children how to make an emergency telephone call. Teach them to remember their house number, their full name and their street and suburb.
- Know how long it takes your child to get to and from school. If they are late, find out why.
- Walk the safest route to and from school with your child. Make sure they know where and how to cross the road or car park.
- Get to know your child's playmates and their parents and where they live.
- Find out where your child and their friends play.
- If children come home to an empty house, arrange to phone them at a set time to check they are safe.
- Make arrangements so friends or family can be contacted by the children if there is an emergency.

## **CHOOSING YOUR BABYSITTER**

Finding a suitable babysitter can be difficult. Parents must carefully consider any person left in charge of their children.

When choosing a babysitter:

- Find a trusted family member or friend that you and your child feel comfortable with.
- Ask friends to recommend babysitters.
- Make arrangements with friends to baby-sit for each other's children.
- If you must ask a stranger, get references.
- Be aware of your child's reaction when you tell them a particular babysitter is coming.
- When out, if you feel worried about your child's safety, ring home and ask to speak to your child.
- Be wary of people who always volunteer to baby-sit, and are obviously more interested in your child's friendship than yours.
- Always provide babysitters with emergency phone numbers and other contacts.

### **SAFETY TIPS FOR TEENAGERS**

Teenage girls and boys can find themselves at risk, especially when out at night. As difficult as it can be to get information out of teenagers, parents should encourage clear communication.

- Try to know where your teenager is, who they are with, and how to contact them.
- Tell them not to accept lifts from people unless it is prearranged.
- If teenagers want to go out at night or stay overnight with a friend, check with their friend's parents to make sure they are aware of your teenager's plans.
- If possible, take them to their destination and collect them. If this is not possible, check they have arrived safely.
- When looking for casual work, such as babysitting, teenagers should do so through family and friends. Be careful about answering advertisements.



# PROTECTING YOUR HOME

There are many practical and easy things you can do to protect yourself and your property from burglars. The days when you could leave your front door unlocked while you pop down the street are gone. These days a home is broken into every three minutes.

Most house burglaries happen during the day between 8am and 6pm while the owners are at work, school or out shopping. And most of these burglaries are carried out by amateurs who are looking for homes that are quick and easy to rob.

Studies show that burglars will simply give up if they don't gain entry within one minute and that they will avoid homes with effective security.

The more difficult you make it for people to break into your home, the less chance you have of becoming a victim.

Thieves and burglars are always looking for easy targets. Take some simple and practical precautions and you can protect your property and your peace of mind.

## BASIC PRECAUTIONS

- Lock all doors and windows when you go out.
- Plant spiky plants such as bougainvillea or cactus around windows.
- Think about installing deadlocks on all outside doors, but don't leave spare keys in the door.
- Change your locks or cylinders when you move into a new house.
- Never give keys to a workman.
- Don't leave ladders or tools in unlocked sheds.
- Get good outside lighting.
- Leave a light, radio or TV on when you go out-it makes you look like you're home when you're not.
- Trim your trees and shrubs to ensure



unwanted visitors are easily visible and have nowhere to hide.

- Make a note of the serial numbers of all your appliances.
- Keep valuables in a safe or in a bank.
- Have valuables engraved with your driver's license number. Don't put identification on your key ring.
- Ensure your house is clearly numbered so police can find it quickly if necessary.
- Never leave notes on your door.
- Install a door viewer to check all unexpected visitors.
- When you go out lock all doors and windows even if you are only going out for a few minutes.
- If you have recently bought electrical goods such as a TV or a stereo, don't put the boxes where they can be seen from the street. Crunch them up and put them in the bin.
- Burglars can get into your house through the roof. In high risk areas it's a good idea to attach hinges and a sliding bolt to access holes.
- Before installing a pet door, check that it's not large enough for a small person to fit through.
- In case of fire or emergency keep your keys where you can get them quickly.
- Everyone in the house must know where the keys are.



# LOCKING UP YOUR HOUSE

Making your property secure can be an expensive business.

Before you make any major decisions, think about your security needs and then shop around.

No one wants to turn their home into Fort Knox, however this section is a guide for servicing your home.

It may well be that a combination of some of the following tips and a better awareness of home security will give you and your home suitable protection against burglars.

## **AUTOMATIC DEADLOCK**

This rim-mounted deadlock locks automatically when the door is closed. At the turn of a key the lock can be prevented from being opened from the outside.

Another type of deadlock is the mortised deadbolt which is ideally suited for solid core doors.

## **BACK DOOR**

Fit a deadlock and use it. Many burglars enter through the back door because they can do so without being seen.

## **BURGLAR ALARMS**

Correctly installed and maintained alarms offer a high level of security for those who require it.

However, alarms should not be used instead of other good security measures. If you have a security system, use it and have it serviced.

## **DOOR VIEWERS**

These enable you to identify callers before opening the door.

## **ELECTRICAL METER BOXES**

A lock up meter box is recommended to prevent would-be-burglars from interfering with the power supply to your home.

## **EXTERNAL LIGHTING**

Movement activated outside lights are a good idea.

People who live on their own, young women and seniors should consider installing a front entrance light, with an inside switch to see night visitors.

## **GARAGE**

Keep it locked. Tools and ladders provide burglars with a ready kit of implements for forcing a door or window.

## **SIDE GATES**

Stop the would-be intruder before they venture around the back of your property. Fit a strong fixed lock or chain and padlock.

## **SECURITY DOORS**

A security screen door offers excellent additional protection for your home.

Think carefully about where your keys are before you deadlock doors while you are inside, or you might find you cannot leave the house in a hurry.

## **SHEDS**

Keep these padlocked because thieves go there to steal tools to use to break into the house.

## **SLIDING DOORS**

These need special locks, preferably top and bottom.

### **SMALL WINDOWS**

It is possible for a thief to wriggle through any gap larger than a human head.

Cover any small windows with security screens or screw them permanently shut.

### **SMOKE DETECTORS**

Consider installing at least one smoke detector in your home to give you early warning in case of fire.

### **SPARE KEY**

Never leave a spare key in a convenient hiding place such as under a doormat, in a flower pot or in an unlocked meter box.

### **STANDARD LATCH LOCKS**

Standard key-in-the-knob latch sets offer only limited protection when used on their own. If you already have one fitted to your front or back, use it in tandem with a suitable deadlock.

### **STREET NUMBERING**

Your street number should be clearly be visible in front of your home to help police, ambulance or the fire brigade to quickly find you in an emergency.

### **TIME SWITCHES**

These offer excellent security when your house is left unattended for a long time

such as during holidays. They are easy to use, inexpensive and can be bought from your local hardware or variety store.

### **HOLIDAY TIPS**

- > Shut and lock your garage/ shed.
- > Cancel newspapers, milk and other regular deliveries.
- > Advise local police if you will be away for any length of time.
- > Ask a trusted neighbour to watch your home and collect your mail regularly.
- > Ask a neighbour to water and tidy your garden.
- > Ask a neighbour to hang washing on your line and park in your driveway occasionally.
- > Ask a neighbour to alter curtain or blind positions.

# PROTECTING YOUR POSSESSIONS

Thieves want easy opportunities. They want to get into your home and your car quickly and leave without being seen or caught. A determined thief needs only a moment to make off with your valuables.

That is why it's a good idea to engrave identifications, such as your driver's license number, preceded by the initial of your State on your property.

If they do steal identified property and the police later recover it, your identification mark will mean it can be quickly returned to you.

Neighbourhood Watch programs loan portable engraving kits to members of the public so that valuable household items can be marked.

They can also provide stickers to put on your window to let thieves know what you've done. Television sets, video recorders, computers, cameras, power tools, lawnmowers, kitchen appliances, stereos and furniture are just few items recommended for engraving. It's also a good idea to photograph items of particular value to you. Photograph these beside a matchbox or a ruler to provide a good idea of size.

If you don't have a photographic record of valuable items make a drawing or a list of them.

Never mark your keys with your address or a thief who steals your keys could get into your home.

## **PASSPORTS & PERSONAL PAPERS**

Keep these in a safe place at home. A floor or wall safe is best, although a locked filing cabinet is also suitable. Only tell

a trusted friend or relative where these papers are kept. Keep a separate list of your possessions on a Valuable Property Record (see sample provided at the back of the kit).

## **CASH AND CREDIT CARDS**

Never make a display of your cash or credit cards. If you are drawing money from an automatic teller machine make sure no one sees you key in your Personal Identification Number (PIN). Be careful because someone can come up behind you while you are preoccupied at the machine. If your credit cards are stolen, inform the credit card company immediately so transactions can be stopped.

Keep the phone number handy and keep a record of card numbers so you can provide them when reporting a loss to your bank.

Never carry your PIN with your cash or credit cards, If you can't memorise your PIN, write it down somewhere in a code resembling a phone number.

Cash is a favourite target for thieves.

Always try to avoid carrying large amounts with you, either at home or when travelling.

If you go overseas, traveller's cheques are one of the best ways to carry money.

## **HANDBAGS AND WALLETS**

Handbags can be a target for thieves and should be held securely and kept closed. It is not wise to put a handbag down on a counter or on the floor in a public place; keep it in front or beside you with your hand looped around the handle or strap. Be careful in the street, as it is easy for someone to snatch your bag before you are really aware of what has happened.

At work, never leave wallets bags or other valuable lying about.

Lock such items in a drawer or cabinet. Your workmates could be unfairly under suspicion if anything goes missing.

After your home, your car is probably your next most expensive possession.

Most car thieves aren't that smart-if they can't open the car and remove what they want in a few seconds, they won't bother.

### **BEFORE YOU LEAVE YOUR CAR**

Lock valuables away either in the glove-box or the boot.

Leave your car locked and wind up all windows. Even the smallest gap can enable the windows to be forced open.

Don't think your car will never be stolen. Protect it.

Here are some suggestions:

### **AERIALS**

Try to get into the habit of retracting your aerial when you park in the street. If you can afford it, invest in a self-retracting aerial worked by the ignition.

### **CAR ALARMS**

Consider having your car fitted with an anti-theft alarm if it doesn't already have one. Steering locks and immobilisers are also good value, but you must remember to engage them before you leave the car.

### **DOOR LOCKS**

Lock your car every time you leave it, even if it is only for a few minutes.

### **KEYS**

Don't hide spare keys anywhere, inside or outside the car. Keep a record of the serial numbers of your car keys and accessories. Never leave your car keys in the ignition when you are away from the car.

### **LOCKABLE FUEL CAPS**

These are a good idea and will prevent your petrol being stolen or will force joy-riders to abandon your car when the petrol runs out.

### **LOCKABLE WHEELS**

Lockable wheel nuts will prevent your wheels from being removed.

### **LUGGAGE AND VALUABLES**

Don't leave valuables on display inside your car. Radios, cameras, coats, interesting cases and parcels may tempt thieves to break in. If possible, take valuables with you. Lock parcels and luggage in the boot, but be aware that leaving valuables in the boot is no guarantee against theft.

### **MONEY**

If you keep change in your car for parking, hide it in the ashtray or somewhere out of view.

### **RADIO/CASSETTE PLAYERS**

Security coded equipment is now available. This means that once disconnected the radio/cassette has to have the code number punched in before it will operate again.

### **WINDOW ETCHING**

Etch all windows, lights and radio/cassette players with the cars registration number and use a sticker to tell thieves you have done so. Also:

Keep your garage locked. Many cars are stolen from garages and driveways, both day and night.

Park well away from isolated or dark areas especially at night.

For safety's sake, never leave children alone in cars.

# PROTECTING YOUR NEIGHBOURHOOD

By working together communities can cut crime and make their neighbourhood safer for everyone.

That is why Neighbourhood Watch programs have been successful in many communities.

Neighbourhood Watch is a program organised by the community to reduce residential crime.

Neighbours watching out for each other can decrease prowling, loitering and burglary by being alert and observant, by recording license plate numbers and descriptions of suspicious people and reporting this information to the police.

Neighbours can also work together to increase the use of effective security measures, such as good lighting on streets and around buildings.

The idea of Neighbourhood Watch is to make sure that an empty house is not a neglected house and that someone living close by you is watching and will report any suspicious activity.

Neighbourhood Watch also helps reduce people's concerns and encourages good relationships between Police and the community.

Neighbourhood Watch can also help in a practical way, groups lend marking pens or engravers so you can inscribe your valuable possessions. They can also supply stickers for you to put on your window to let thieves know your possessions are marked. If there is not a Neighbourhood Watch scheme in your area, think about starting one. Remember that burglars are afraid of other

people seeing crimes [www.nhw.com.au](http://www.nhw.com.au)

## **MOTORCYCLES**

Most of the rules applying to cars also apply to motorcycles.

For example, never leave your keys in the ignition or valuable personal property in the vicinity of an unattended motorcycle.

The main thing to carry is a 10mm thick chain and a high quality padlock so that you can secure your bike through the wheels, to something solid such as a tree or fence.

## **BICYCLES**

If you've ever owned a bike, chances are that it or part of it, such as a pump, has been stolen at some time or other.

Bicycles are popular targets with thieves because they can be sold easily. The best precaution is to get into the habit of locking bikes whenever they are left on the street, even if you are just popping into a shop.

Bicycles should also be kept secure at home. Don't leave them lying around the front yard or in unlocked garages.

Children should also be encouraged to always lock their bikes, especially at school.

Quality combination locks linked to strong steel cable are recommended. Always lock it to an immovable post or rail.

As an added precaution, engrave your identification mark on the frame of the bike. It's also good a idea to photograph it. Both precautions will make it easy for you to identify it.

It's also worth checking whether your

insurance covers theft of a bicycle.

If your bike is stolen, report it to the Police.

## TIPS FOR A SAFER NEIGHBOURHOOD

- Exchange work and holiday schedules with a trusted neighbour so that you can keep an eye on each other's home.
  - Never tell a stranger or someone you don't trust that a neighbour lives alone or is not at home.
  - Immediately report to the appropriate authority any broken street lights or other aspects of your neighbourhood that make you feel unsafe, such as overgrown footpaths.
- If your neighbour is not home:
- Take their work or contact telephone number.
  - If you see a caller asks them if you can help.
  - Don't tell callers that your neighbour is away at work.

### Valuable Property Record

All valuable property should be marked with a unique identification number. Preferred options are your initials, date of birth and the initial of your State or your driver's license number, preceded by the initial of your State.

Household goods and personal effects:

Item	Serial no.	Value	Make & Model	Purchase Date

Insurance Policies:

Item	Insurance Value	Company	Policy No.

*After items have been marked, record these important details and keep this record in a safe place. Above are some sample charts you may wish to use as a guide for your own valuable property record.*

**IF YOUR NEIGHBOURS GO ON HOLIDAYS:**

- > Offer to keep a contact phone number.
- > Offer to collect mail, newspaper etc.
- > If you have two cars, park one in their driveway.
- > Make sure that their house does not look neglected.
- > Put bins away and hang out some washing.
- > Report any suspicious activity to the police.
- > By establishing a good understanding with your neighbours about keeping an eye on each other's homes, you can protect your property as well as making your neighbourhood safer for everyone.

# CONTACT NUMBERS

## LOCAL POLICE

For fast police attendance on any matter, always call 000. Do not call your local station for emergency attention.

## LOCAL POLICE STATIONS

Clayton:

263 Clayton Road Clayton 3168  
Phone: **(03) 9543 3888**

Oakleigh:

1 Atherton Road Oakleigh 3166  
Phone: **(03) 9567 8900**

Springvale:

314 Springvale Road Springvale 3171  
Phone: **(03) 8558 8600**

Cheltenham:

1224 Nepean Highway Cheltenham 3192  
Phone: **(03) 9583 9767**

Moorabbin:

1011-1013 Nepean Highway Moorabbin  
3189  
Phone: **(03) 9556 6565**

Dandenong:

50 Langhorne Street Dandenong 3806  
Phone: **(03) 9767 7444**

Crime Stoppers:

Phone: **1800 333 000**  
[www.vic.crimestoppers.com.au](http://www.vic.crimestoppers.com.au)

Crime Stoppers Hoon Hotline

Phone: **1800 333 000**

National Security Hotline

Phone: **1800 123 400**  
[www.nationalsecurity.gov.au](http://www.nationalsecurity.gov.au)

Neighbourhood Watch

Ph: **1300 139 689**

[www.neighbourhoodwatch.com.au/](http://www.neighbourhoodwatch.com.au/)



Neighbourhood Watch:

Glen Eira Phone: **(03) 9556 6552**

Kingston Phone: **(03) 9556 6577**

Monash Phone: **(03) 9247 6666**

## COUNCIL HELP FOR SENIOR CITIZENS

### For residents of Clayton, Oakleigh and part of Oakleigh South:

The City of Monash offers a Home Maintenance Service. The Program assists with safety and security around the home eg. Installation of locks on doors and windows, peepholes and smoke detectors. For more information, including eligibility and charges, contact the City of Monash Community Care Services, **9518 3553** or after hours **1800 659 307**.

### For residents of Springvale, Springvale South, Noble Park and Keysborough:

The City of Greater Dandenong provides a low-cost minor home repair, maintenance and referral service. It is for older people and people who lack the physical and financial

resources to either do the jobs themselves, arrange for assistance from relatives, friends or neighbours or use the private sector.

For more information, contact the City of Greater Dandenong's Community Care Information & Referral Officer on **8558 7902**

**For residents of Clayton South, Clarinda, Heatherton, Dingley Village, Moorabbin, Cheltenham, Highett, Mentone and part of Oakleigh South:**

The City of Kingston provides Aged and Disability Services aims to help frail elderly residents, or disabled residents of any age, to remain independent and continue living in their own homes for as long as possible. This service is available for City of Kingston residents only. The provision of service is based on assessed needs, and may be only temporary, or for a longer term.

For more information, contact the City of Kingston's Aged and Disability Services on **9581 4876** or Kingston contact line on **1300 653 356**.

**For residents of Bentleigh, Bentleigh East, Murrumbeena, McKinnon and Ormond:**

The City of Kingston provides Aged Care Services in home care, personal care and respite care. These services can be arranged by contacting the City of Glen Eira on **9524 3333**.

**NEW MAP OF HOTHAM ELECTORATE:**

Following the 2010 Redistribution by the Australian Electoral Commission, the new Hotham Electorate now extends from Oakleigh in the north to Dingley Village in the south.

The main suburbs now include Bentleigh East, Clarinda, Clayton, Clayton South, Cheltenham, Dingley Village, Keysborough, Mentone, Moorabbin, Murrumbeena, Noble Park, Oakleigh, Oakleigh South, Springvale and Springvale South.



Federal Electoral Division of  
**HOTHAM**  
Boundary gazetted 24 December 2010



This map has been compiled by Simon Cream MP from data supplied by the Australian Electoral Commission and Spatial Data Unit, Victorian Department of Sustainability and Environment. © State of Victoria (2010). © Commonwealth of Australia (2010).

1 0.5 0 1 km

Divisional boundary

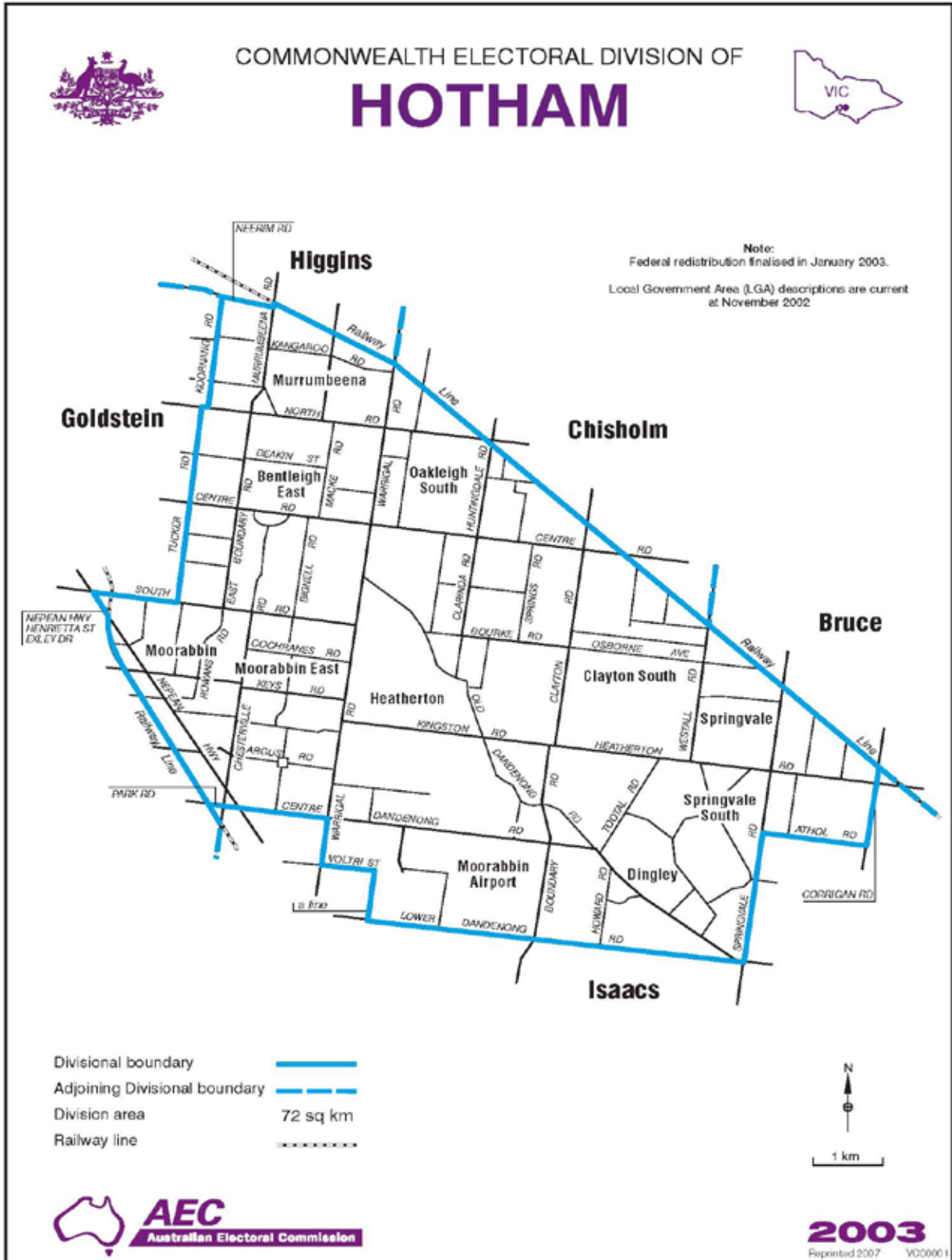
Adjoining boundary

Size of division 75 sq km

**Note:**  
Local Government Areas (LGA) descriptions are current to 2010.  
Federal electoral boundaries follow the centre of features unless otherwise stated.

VIC-HOTHAM-2010

**OLD MAP OF HOTHAM ELECTORATE:**



## **Personal Safety Kit**

Compliments from:

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